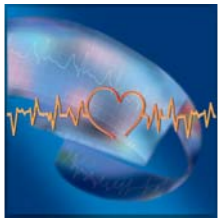


# Pycnogenol®. The One that Every Body Needs

## Powerful, Proven, Effective, Popular, and Safe

### HEART HEALTH

#### The Heart Of The Matter.



The heart is the body's most important muscle. Its smooth, efficient functioning is essential to maintaining good health. Pycnogenol® has been shown to improve cardiovascular function in several profoundly important ways.

#### Circulation.

Blood vessels can become constricted through stress, aging, bad diet, or lack of exercise. Pycnogenol® helps maintain healthy circulation by increasing vasodilation and consequently improving blood flow.

Pycnogenol® has been shown to reduce swollen legs and feet. Pycnogenol® also helps make blood platelets more "slippery", helping to reduce the incidence of blood clots, the principal cause of heart attacks. Pycnogenol® achieves this by enhancing production of vascular nitric oxide (NO).



#### A New Dimension In Blood Pressure Control.

In a recent clinical study, Pycnogenol® has been shown to enhance the body's own response to counteract constricted blood vessels. Normalizing blood vessel diameter naturally helps maintain normal blood pressure.

### Cholesterol. The Good And The Bad.

High cholesterol levels increase the risk factor for atherosclerosis, heart attack and stroke.

In a clinical study at the University of Texas, Dallas, Pycnogenol® significantly reduced the "bad" (LDL) cholesterol while increasing the "good" (HDL) cholesterol. The study demonstrated that Pycnogenol® is a natural way to maintain healthy cholesterol levels.



### HEALTHY SKIN

#### From The Inside Out.

Your skin is your first line of defense against the daily rigors of life. It protects you from environmental stress. Pycnogenol® binds with collagen and elastin, and protects skin from various harmful enzymes. And it helps your skin rebuild elasticity, essential for a smooth, younger look.

#### For Your Skin, Sun Is No Fun.



You may look better with a tan, but your skin is a lot worse off. Sunburn is an inflammation caused by free radical induced tissue damage produced by sunlight on fats in the skin. By neutralizing free radicals Pycnogenol® has been shown to help slow and even reverse skin damage.

### BLOOD GLUCOSE

#### Increasing Your Chances Of Better Health.

There are more than 100 million people suffering from diabetes around the world of which 18 million live in the United States.

Diabetes can increase the incidence of obesity, eye damage, nerve damage, poor circulation, stroke and heart attack. It can injure and attack almost every vital organ in the body. Pycnogenol® may help alleviate these symptoms in various ways.

#### A Clear Advantage In Eye Health.



More than half the people suffering from diabetes will develop retinopathy, an eye disease caused by capillaries leaking blood into the retina. Diabetic retinopathy develops without symptoms or pain and causes gradual vision loss.

Five clinical studies in Europe with over 1000 patients have demonstrated Pycnogenol® helps to seal leaky capillaries in the eye.

#### Managing Glucose Levels.

In diabetes body tissues are unable to digest glucose, which then remains in too high quantities in the bloodstream causing the multitude of problems. High glucose levels can be reduced by careful diet, exercise, and weight loss. Two clinical studies suggest that Pycnogenol® can help in maintaining healthy blood glucose levels in people with Type II diabetes.

### PMS RELIEF

#### Problem Periods And PMS.



Pycnogenol® has been shown to repair blood vessels and reduce inflammation occurring during the menstrual period. Half of all women suffer from one or more of the typical symptoms associated with PMS as well as severe pain sensations during their period. Symptoms, such

as anxiety, fatigue, bloating and breast tenderness, usually begin about two weeks before a period and stop once bleeding occurs.

Three clinical trials have documented that Pycnogenol® can naturally soothe the discomfort associated with the menstrual cycle. Pycnogenol® was found to be most effective for alleviating the cramping pain sensation.

### LUNG HEALTH

#### Breathing Easier.

Two clinical studies at the Universities of Arizona and California have independently from another shown that Pycnogenol® improves the breathing ability of asthmatics.

Asthma is caused by inflammation of the bronchi, making them constrict and swell, inhibiting airflow. When an allergic person comes in contact with substances like pollen, animal hair etc. the immune system releases histamine causing histamine triggers such as sneezing, nasal congestion, skin rashes and swelling.

Clinical research has shown that Pycnogenol® actually inhibits the release of histamines, helping to prevent triggers.

These statements have not been evaluated by the FDA. This product is not intended to treat, prevent or cure any disease.

